**課外連結一覽表**

**CH03〈疼痛病人之護理〉**

**CH03-1**

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| **節次** | **關連項目** | **連結標題／網址** | **類型** | **長　度** |
| **第二節「疼痛類型與疼痛知覺」** | **慢性疼痛** | **植物會痛嗎？**[**https://www.youtube.com/watch?v=s68boMNsOxY**](https://www.youtube.com/watch?v=s68boMNsOxY) | **新聞** | **1:22** |
| **慢性良性疼痛** | **到底有多痛？男生體驗生產痛**[**https://www.youtube.com/watch?v=EMxQNLZaGZg**](https://www.youtube.com/watch?v=EMxQNLZaGZg) | **真人實驗** | **3:23** |
| **慢性疼痛** | **VR虛擬實境不只玩遊戲，還能治療慢性疼痛**[**https://www.youtube.com/watch?v=MywRmrZLNL8**](https://www.youtube.com/watch?v=MywRmrZLNL8) | **新聞** | **2:29** |
| **牽延痛／轉移痛** | **牙痛要注意，可能是心肌梗塞！**[**https://www.youtube.com/watch?v=\_T4m27eyI-k**](https://www.youtube.com/watch?v=_T4m27eyI-k) | **新聞** | **1:35** |
| **幻肢痛** | **義肢真的有感覺了**[**https://www.youtube.com/watch?v=sJkNUWv0LFY**](https://www.youtube.com/watch?v=sJkNUWv0LFY) | **產品介紹** | **1:34** |
| **第三節「疼痛病人之護理評估」** | **疼痛評估** | **小baby的疼痛如何評估？**[**https://www.youtube.com/watch?v=j7CBRjATyP4**](https://www.youtube.com/watch?v=j7CBRjATyP4) | **醫師解說＋示範** | **2:36** |

**CH03-2**

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| **節次** | **關連項目** | **連結標題／網址** | **類型** | **長度** |
| **第四節「疼痛病人之醫療與護理處置」** | **按摩法** | **【穴位按摩】大姨媽來不再痛！**[**https://www.youtube.com/watch?v=zcyXdwtKgtE**](https://www.youtube.com/watch?v=zcyXdwtKgtE) | **示範影片** | **1:30** |
| **按摩法** | **【穴位按摩】腸胃肚肚好舒適！**[**https://www.youtube.com/watch?v=UB5CRn4s6AM**](https://www.youtube.com/watch?v=UB5CRn4s6AM) | **示範影片** | **1:35** |
| **熱療法** | **磁振導航超音波熱治療**[**https://www.youtube.com/watch?v=JNjy1k7XSfE**](https://www.youtube.com/watch?v=JNjy1k7XSfE) | **介紹影片** | **3:01** |
| **熱／冷療法** | **扭傷先冰敷？先熱敷？**[**http://www.appledaily.com.tw/realtimenews/article/new/20161215/1005709/**](http://www.appledaily.com.tw/realtimenews/article/new/20161215/1005709/) | **新聞** | **1:26** |
| **針灸法** | **手術也能聊天～針灸替代麻醉劑**[**https://www.youtube.com/watch?v=dWWx4ObH8CY**](https://www.youtube.com/watch?v=dWWx4ObH8CY) | **新聞** | **1:00** |
| **經皮神經電刺激法** | **酥酥麻麻～經皮神經電刺激**[**https://www.youtube.com/watch?v=8amO2Z-o2i4**](https://www.youtube.com/watch?v=8amO2Z-o2i4) | **示範影片** | **0:56** |
| **催眠** | **睡吧睡吧！催眠治療師神奇的力量**[**https://www.youtube.com/watch?v=uJDrI9vaQhc**](https://www.youtube.com/watch?v=uJDrI9vaQhc) | **新聞** | **2:33** |
| **藥物治療** | **雞尾酒式多種藥物止痛法**[**https://www.youtube.com/watch?v=r4uvt85tp3o**](https://www.youtube.com/watch?v=r4uvt85tp3o) | **新聞** | **1:51** |
| **止痛劑** | **【藥物過敏】史蒂文生氏強生症候群**[**https://www.youtube.com/watch?v=IdpGXVP3yzE**](https://www.youtube.com/watch?v=IdpGXVP3yzE) | **新聞** | **1:51** |
| **止痛劑** | **愛吃止痛藥，千萬別過量**[**https://www.youtube.com/watch?v=zxRvaduKPJI&t=67s**](https://www.youtube.com/watch?v=zxRvaduKPJI&t=67s) | **新聞** | **3:49** |
| **止痛劑** | **嗎啡耐受性，越吃越無效**[**https://www.youtube.com/watch?v=CIWiA5pe0W4**](https://www.youtube.com/watch?v=CIWiA5pe0W4) | **新聞** | **1:44** |