**課外連結一覽表**

**CH10〈消化系統疾病病人之護理〉**

**CH10-1**

| **節次** | **關連項目** | **連結標題／網址** | **類型** | **長度** |
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| **第一節「消化系統之解剖生理」** | **消化系統解剖生理** | **管理情緒，第二大腦「腸道」也來摻一腳！**[**https://www.youtube.com/watch?v=TRBroHCB3\_s**](https://www.youtube.com/watch?v=TRBroHCB3_s) | **動畫解說** | **2:04** |
| **胃解剖生理** | **快來認識我！**[**https://www.youtube.com/watch?v=ey4MQttg1CQ**](https://www.youtube.com/watch?v=ey4MQttg1CQ) | **動畫解說** | **1:33** |
| **胃解剖生理** | **每種食物會在胃裡待多久？**[**https://www.youtube.com/watch?v=IGdStx3UrKY**](https://www.youtube.com/watch?v=IGdStx3UrKY) | **動畫解說** | **1:46** |
| **小腸解剖生理** | **進入絨毛的世界**[**https://www.youtube.com/watch?v=2xJ0hZej2RM**](https://www.youtube.com/watch?v=2xJ0hZej2RM) | **絨毛影像** | **0:14** |
| **大腸解剖生理** | **認識人體最長的消化工廠**[**https://www.youtube.com/watch?v=eXw8e\_e6AL4**](https://www.youtube.com/watch?v=eXw8e_e6AL4) | **動畫解說** | **3:00** |
| **肝臟解剖生理** | **強大的超級肝工廠**[**https://www.youtube.com/watch?v=GbGNPABfntA**](https://www.youtube.com/watch?v=GbGNPABfntA) | **動畫解說** | **3:00** |
| **胰臟解剖生理** | **躲在腹後默默工作的隱士**[**https://www.youtube.com/watch?v=fsvspYTRlLo**](https://www.youtube.com/watch?v=fsvspYTRlLo) | **動畫解說** | **3:00** |
| **第二節「消化系統疾病病人之護理評估」** | **腹部檢查** | **莫非氏徵象示範影片**[**https://www.youtube.com/watch?v=kRXScm2UIc4**](https://www.youtube.com/watch?v=kRXScm2UIc4) | **示範影片** | **0:39** |
| **營養評估** | **三頭肌皮膚摺層厚度示範影片**[**https://www.youtube.com/watch?v=pARYB0XnluY**](https://www.youtube.com/watch?v=pARYB0XnluY) | **示範影片** | **1:00** |
| **放射線檢查** | **上腸胃道攝影示範影片**[**https://www.youtube.com/watch?v=5CEjmXXSxAY**](https://www.youtube.com/watch?v=5CEjmXXSxAY) | **示範影片** | **1:52** |
| **放射線檢查** | **簡單判讀腹部CT各器官在哪**[**https://www.youtube.com/watch?v=GOHe1ZkYZpw**](https://www.youtube.com/watch?v=GOHe1ZkYZpw) | **CT影像** | **1:05** |
| **放射線檢查** | **PET診斷癌症新利器**[**https://www.youtube.com/watch?v=SIBlS0FJW5A**](https://www.youtube.com/watch?v=SIBlS0FJW5A) | **新聞** | **1:36** |
| **放射線檢查** | **認識胃鏡檢查**[**https://www.youtube.com/watch?v=01CvIx6-bms**](https://www.youtube.com/watch?v=01CvIx6-bms) | **醫師解說** | **2:11** |
| **放射線檢查** | **認識大腸鏡檢查**[**https://www.youtube.com/watch?v=mbS28L4L4RE**](https://www.youtube.com/watch?v=mbS28L4L4RE) | **醫師解說** | **3:14** |
| **無痛性大腸鏡檢查** | **睡了一覺，就檢查完畢囉！**[**https://www.youtube.com/watch?v=WLZKwX2o0P4**](https://www.youtube.com/watch?v=WLZKwX2o0P4) | **新聞** | **1:52** |
| **膠囊內視鏡檢查** | **藥丸攝影師，拍下你腸道**[**https://www.youtube.com/watch?v=Jzt0HG5oPvM**](https://www.youtube.com/watch?v=Jzt0HG5oPvM) | **新聞** | **1:21** |
| **核磁共振影像** | **MRI原理**[**http://blausen.com/zh-cn/video/核磁共振攝影mri/**](http://blausen.com/zh-cn/video/%E6%A0%B8%E7%A3%81%E5%85%B1%E6%8C%AF%E6%94%9D%E5%BD%B1mri/) | **動畫解說** | **1:33** |
| **糞便檢察** | **觀察便便，看出警訊**[**https://www.youtube.com/watch?v=ECZnLiaOnZo**](https://www.youtube.com/watch?v=ECZnLiaOnZo) | **動畫解說** | **1:31** |
| **第三節「消化系統疾病之特殊處置」** | **經皮內視鏡胃造瘻術** | **PEG完成後的樣子**[**http://gastro.com.cy/index.php/en/services-and-procedures-en/29-diadermiki-endoskopiki-gastrostomia-en**](http://gastro.com.cy/index.php/en/services-and-procedures-en/29-diadermiki-endoskopiki-gastrostomia-en) | **網頁照片** | **—** |
| **腸道造瘻** | **如何更換人工造口袋？**[**https://www.youtube.com/watch?v=kpw8v8WCMCE**](https://www.youtube.com/watch?v=kpw8v8WCMCE) | **示範影片** | **3:35** |
| **腸道造瘻** | **臺鐵人工造口專用廁所，清洗好方便！**[**https://www.youtube.com/watch?v=G5o5iaxVcjE**](https://www.youtube.com/watch?v=G5o5iaxVcjE) | **新　　聞** | **1:22** |
| **腸道造瘻** | **我是「造口人」，也是正常人**[**https://www.youtube.com/watch?v=hDDkRT8ebH0&t=50s**](https://www.youtube.com/watch?v=hDDkRT8ebH0&t=50s) | **紀錄片** | **3:08** |
| **腸道營養法** | **Bye Bye大象鼻，兩截式鼻胃管**[**https://www.youtube.com/watch?v=LBUN\_jxs-MM**](https://www.youtube.com/watch?v=LBUN_jxs-MM) | **新　　聞** | **2:06** |
| **腸道營養法** | **鼻胃管灌食教學**[**https://www.youtube.com/watch?v=yuvRc1aBc\_w**](https://www.youtube.com/watch?v=yuvRc1aBc_w) | **示範影片** | **5:30** |

**CH10-2**

| **節次** | **關連項目** | **連結標題／網址** | **類型** | **長度** |
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| **第四節「常見消化系統疾病之醫療與護理處置」（壹～參）** | **牙齒疾病** | **牙齦炎、牙菌斑、牙結石…怎麼演變成牙周病？**[**https://www.youtube.com/watch?v=HrQgujwpQCY**](https://www.youtube.com/watch?v=HrQgujwpQCY) | **動畫解說** | **2:50** |
| **牙齒疾病** | **什麼是根管治療？**[**http://blausen.com/zh-cn/video/根管治療/**](http://blausen.com/zh-cn/video/%E6%A0%B9%E7%AE%A1%E6%B2%BB%E7%99%82/) | **動畫解說** | **1:16** |
| **口角炎** | **口角炎補充B群沒效而是缺鐵？**[**https://www.youtube.com/watch?v=5Y7TkbbgjJo**](https://www.youtube.com/watch?v=5Y7TkbbgjJo) | **新聞** | **0:32** |
| **口腔居家照護** | **用油漱口防牙周病？乖乖刷牙最實際！**[**https://www.youtube.com/watch?v=\_y-\_pUgAAdY**](https://www.youtube.com/watch?v=_y-_pUgAAdY) | **新聞** | **1:41** |
| **橫膈裂孔疝氣** | **樓下如何「胃」移變樓上？**[**http://blausen.com/zh-cn/video/裂孔疝氣/**](http://blausen.com/zh-cn/video/%E8%A3%82%E5%AD%94%E7%96%9D%E6%B0%A3/) | **動畫解說** | **1:18** |
| **胃食道逆流** | **塑身衣穿太久引GERD**[**https://www.youtube.com/watch?v=BFhLxQpEVvE**](https://www.youtube.com/watch?v=BFhLxQpEVvE) | **新聞** | **1:33** |
| **弛緩不能** | **總是吃不飽，還越吃越瘦…**[**https://video.udn.com/news/326364**](https://video.udn.com/news/326364) | **新聞** | **1:36** |
| **食道癌** | **食物太燙上皮細胞受不了！**[**https://www.youtube.com/watch?v=SwhHG-6T-N4**](https://www.youtube.com/watch?v=SwhHG-6T-N4) | **動畫解說** | **1:22** |
| **食道癌手術** | **單孔微創手術獲新食道**[**https://www.youtube.com/watch?v=C7dn\_C7x4Qo**](https://www.youtube.com/watch?v=C7dn_C7x4Qo) | **新聞** | **1:44** |
| **胃炎** | **千萬別輕忽胃炎！**[**https://www.youtube.com/watch?v=DpDtPSKiO1E**](https://www.youtube.com/watch?v=DpDtPSKiO1E) | **新聞** | **1:50** |
| **幽門螺旋桿菌感染診斷方式** | **只要呼氣，就能抓到幽門螺旋桿菌！**[**https://www.youtube.com/watch?v=9ipjfSgBz7s**](https://www.youtube.com/watch?v=9ipjfSgBz7s) | **介紹** | **4:03** |
| **腸胃道出血** | **阿斯匹靈（乙醯水楊酸）吃太多恐腸胃道出血**[**https://www.youtube.com/watch?v=g0CJ81n8b-4**](https://www.youtube.com/watch?v=g0CJ81n8b-4) | **新聞** | **1:24** |
| **胃癌** | **認識胃癌**[**http://blausen.com/zh-cn/video/胃癌/**](http://blausen.com/zh-cn/video/%E8%83%83%E7%99%8C/) | **動畫解說** | **3:09** |

**CH10-3**

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| **節次** | **關連項目** | **連結標題／網址** | **類型** | **長度** |
| **第四節****「常見消化系統疾病之醫療與護理處置」（肆～伍）** | **闌尾炎** | **麥氏點壓痛**[**https://www.youtube.com/watch?v=0bZgfCHO7eg**](https://www.youtube.com/watch?v=0bZgfCHO7eg) | **示範影片** | **0:33** |
| **闌尾炎** | **闌尾炎徵象測試示範**[**https://www.youtube.com/watch?v=H9T07nR9g5I**](https://www.youtube.com/watch?v=H9T07nR9g5I) | **示範影片** | **1:57** |
| **闌尾炎** | **闌尾炎可能和糖尿病有關？**[**https://www.youtube.com/watch?v=NFIkYeRxjoA**](https://www.youtube.com/watch?v=NFIkYeRxjoA) | **新聞** | **1:37** |
| **急性腸胃炎** | **腸胃炎補充電解質，喝運動飲料要注意**[**https://www.youtube.com/watch?v=Cr44uOyb4V8&t=11s**](https://www.youtube.com/watch?v=Cr44uOyb4V8&t=11s) | **新聞** | **1:58** |
| **腹膜炎** | **魚刺卡卡，恐引腹膜炎**[**https://www.youtube.com/watch?v=c\_lslzJZJ9E**](https://www.youtube.com/watch?v=c_lslzJZJ9E) | **新聞** | **1:15** |
| **憩室炎** | **左下腹隱隱作痛，憩室炎不可輕忽**[**https://www.youtube.com/watch?v=2y5PBnTv6Cc**](https://www.youtube.com/watch?v=2y5PBnTv6Cc) | **新聞** | **1:45** |
| **潰瘍性結腸炎** | **血樣腹瀉可別以為只是痔瘡！**[**https://www.youtube.com/watch?v=-k1j4XLdSOg**](https://www.youtube.com/watch?v=-k1j4XLdSOg) | **新聞** | **1:27** |
| **區域性腸炎** | **克隆氏症 v.s. 潰瘍性結腸炎**[**https://www.youtube.com/watch?v=4y8Cxn6ClUQ**](https://www.youtube.com/watch?v=4y8Cxn6ClUQ) | **介紹影片（臨床圖像）** | **1:06** |
| **結腸直腸癌** | **認識結腸直腸癌**[**http://blausen.com/zh-cn/video/結腸癌/**](http://blausen.com/zh-cn/video/%E7%B5%90%E8%85%B8%E7%99%8C/) | **動畫解說** | **1:13** |
| **結腸直腸癌** | **口服標靶藥物打擊腸癌更easy！**[**https://www.youtube.com/watch?v=pT9Rm-wNRag**](https://www.youtube.com/watch?v=pT9Rm-wNRag) | **新聞** | **1:30** |
| **腹壁疝氣** | **人工網膜補疝氣優傳統**[**https://www.youtube.com/watch?v=JTSgb\_AcD-c**](https://www.youtube.com/watch?v=JTSgb_AcD-c) | **介紹** | **3:42** |
| **腹壁疝氣** | **為了人魚線疝氣頻找上門！運動健身避免過度用力**[**https://www.youtube.com/watch?v=MXyZ3I2ouTw**](https://www.youtube.com/watch?v=MXyZ3I2ouTw) | **新聞** | **1:13** |
| **痔瘡** | **認識痔瘡**[**http://blausen.com/zh-cn/video/痔瘡/**](http://blausen.com/zh-cn/video/%E7%97%94%E7%98%A1/) | **動畫解說** | **0:59** |
| **痔瘡** | **「環狀痔瘡切除術」讓患者也能好好坐**[**https://www.youtube.com/watch?v=mPQRaDZlw80**](https://www.youtube.com/watch?v=mPQRaDZlw80) | **新聞** | **1:15** |
| **腸躁症** | **腸躁症、憂鬱症關係匪淺！**[**https://www.youtube.com/watch?v=wsDFP1GDbH8**](https://www.youtube.com/watch?v=wsDFP1GDbH8) | **新聞** | **1:40** |

**CH10-4**

| **節次** | **關連項目** | **連結標題／網址** | **類型** | **長度** |
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| **第四節****「常見消化系統疾病之醫療與護理處置」（陸）** | **脂肪肝** | **【檢測肝脂肪】傳統超音波 v.s. 肝纖維掃描儀**[**https://www.youtube.com/watch?v=3tSMGD2PpY8**](https://www.youtube.com/watch?v=3tSMGD2PpY8) | **介紹** | **3:38** |
| **肝炎** | **肝病三部曲：肝炎、肝硬化、肝癌**[**https://www.youtube.com/watch?v=Wr2rAzEmaEs**](https://www.youtube.com/watch?v=Wr2rAzEmaEs) | **醫師解說** | **1:34** |
| **肝炎** | **可愛動畫，認識A肝**[**https://www.youtube.com/watch?v=VIEpFG7F1ac**](https://www.youtube.com/watch?v=VIEpFG7F1ac) | **動畫解說** | **1:16** |
| **肝炎** | **可愛動畫，認識B肝**[**https://www.youtube.com/watch?v=Q67zUh130QQ**](https://www.youtube.com/watch?v=Q67zUh130QQ) | **動畫解說** | **3:06** |
| **肝炎** | **針頭重複使用，爆 C肝群聚感染**[**https://www.youtube.com/watch?v=8WK\_51gfdmE**](https://www.youtube.com/watch?v=8WK_51gfdmE) | **新聞** | **1:03** |
| **肝硬化症狀** | **來看看真實的撲翼性震顫**[**https://www.youtube.com/watch?v=sEnp2ss8VoA**](https://www.youtube.com/watch?v=sEnp2ss8VoA) | **實際臨床** | **1:01** |
| **肝硬化治療** | **中醫治療改善肝硬化嚴重腹脹**[**https://www.youtube.com/watch?v=6koR-R5qBMw**](https://www.youtube.com/watch?v=6koR-R5qBMw) | **新聞** | **1:38** |
| **肝癌** | **肝癌關鍵基因找到了！**[**https://www.youtube.com/watch?v=BWO8-bb2Lpg**](https://www.youtube.com/watch?v=BWO8-bb2Lpg) | **新聞** | **1:25** |
| **肝癌** | **直子治療為何可保護正常組織？**[**https://www.youtube.com/watch?v=JGucEA4CY3Y**](https://www.youtube.com/watch?v=JGucEA4CY3Y) | **新聞** | **2:00** |
| **肝癌** | **B肝疫苗每劑要完成才有效果喔～**[**https://www.youtube.com/watch?v=-C57OGOqwk4**](https://www.youtube.com/watch?v=-C57OGOqwk4) | **新聞** | **1:38** |
| **肝癌** | **肝癌防治宣導影片**[**https://www.youtube.com/watch?v=J7nddBQ0tI4**](https://www.youtube.com/watch?v=J7nddBQ0tI4) | **宣導短片** | **2:35** |
| **肝癌** | **﹝肝臟移植成功案例﹞兄弟爭相捐肝給父親**[**https://www.youtube.com/watch?v=zZRHwsKsN7Y**](https://www.youtube.com/watch?v=zZRHwsKsN7Y) | **新聞** | **1:26** |
| **肝癌** | **﹝肝臟移植成功案例﹞兩女雙肝合一救父**[**https://www.youtube.com/watch?v=6fX7IOjYBZY**](https://www.youtube.com/watch?v=6fX7IOjYBZY) | **新聞** | **1:26** |
| **肝癌** | **肝臟移植救回菲律賓1歲女童**[**https://www.youtube.com/watch?v=QlWoydGabNo**](https://www.youtube.com/watch?v=QlWoydGabNo) | **紀錄片** | **6:43** |

**CH10-5**

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| **節次** | **關連項目** | **連結標題／網址** | **類型** | **長度** |
| **第四節****「常見消化系統疾病之醫療與護理處置」****（柒、捌）** | **膽結石診斷檢察** | **認識ERCP**[**https://www.youtube.com/watch?v=6nBXb9DPvPM**](https://www.youtube.com/watch?v=6nBXb9DPvPM) | **衛教影片** | **3:30** |
| **膽結石手術治療** | **手術膽結石Q&A**[**https://www.youtube.com/watch?v=m6m99a2ZEv4**](https://www.youtube.com/watch?v=m6m99a2ZEv4) | **動畫解說** | **2:26** |
| **膽結石居家照護** | **飲食油膩重鹹，長出上百顆膽結石！**[**https://www.youtube.com/watch?v=u4SroRpbsrg**](https://www.youtube.com/watch?v=u4SroRpbsrg) | **新聞** | **1:39** |
| **急性膽囊炎** | **吃又多又油後肚痛，小心急性膽囊炎**[**https://www.youtube.com/watch?v=3NGpo5LR5L4**](https://www.youtube.com/watch?v=3NGpo5LR5L4) | **新聞** | **1:39** |
| **胰臟炎病因** | **基因異常「自體免疫性胰臟炎」**[**https://www.youtube.com/watch?v=BBg0JxwU45o**](https://www.youtube.com/watch?v=BBg0JxwU45o) | **新聞** | **1:47** |
| **胰臟癌** | **隱形的沉默殺手，胰臟癌！**[**https://www.youtube.com/watch?v=83\_JaL8nQoc**](https://www.youtube.com/watch?v=83_JaL8nQoc) | **動畫+醫師解說** | **1:59** |