**課外連結一覽表**

**CH12〈呼吸系統疾病病人之護理〉**

**CH12-1**

| **節次** | **關連項目** | **連結標題／網址** | **類型** | **長度** |
| --- | --- | --- | --- | --- |
| **第一節****「呼吸系統之解剖生理」** | **肺臟解剖生理** | **我呼吸顧我存在！肺臟簡介**[**https://www.youtube.com/watch?v=XZFKl9sIbIU**](https://www.youtube.com/watch?v=XZFKl9sIbIU) | **動畫解說** | **3:09** |
| **呼吸力學** | **什麼是液體的表面張力？**[**https://www.youtube.com/watch?v=gYZ--vGZ8f4**](https://www.youtube.com/watch?v=gYZ--vGZ8f4) | **動畫解說** | **1:02** |
| **缺氧對各器官之影響** | **高山缺氧，產生幻覺？！**[**https://www.youtube.com/watch?v=bwZ\_UQvvras**](https://www.youtube.com/watch?v=bwZ_UQvvras) | **新聞** | **1:55** |
| **第二節****「呼吸系統疾病病人之護理評估」** | **咳嗽** | **咳咳咳！小朋友咳嗽原因**[**https://www.youtube.com/watch?v=908itCqc7eE**](https://www.youtube.com/watch?v=908itCqc7eE) | **動畫解說** | **2:01** |
| **胸部評估（視診）** | **胸廓變形：漏斗胸**[**https://www.youtube.com/watch?v=wcrBYglZzVw**](https://www.youtube.com/watch?v=wcrBYglZzVw) | **新聞** | **2:08** |
| **胸部評估（視診）** | **肋骨骨折之奇異性呼吸**[**https://www.youtube.com/watch?v=jAE-urpC0RA**](https://www.youtube.com/watch?v=jAE-urpC0RA) | **實際臨床** | **0:28** |
| **斷層攝影術** | **早期篩檢肺部疾病，低劑量電腦斷層**[**https://www.youtube.com/watch?v=Ud1RpvPRR0c**](https://www.youtube.com/watch?v=Ud1RpvPRR0c) | **醫師解說** | **2:37** |
| **核磁共振攝影** | **認識MRI原理**[**http://blausen.com/zh-cn/video/核磁共振攝影mri/**](http://blausen.com/zh-cn/video/%E6%A0%B8%E7%A3%81%E5%85%B1%E6%8C%AF%E6%94%9D%E5%BD%B1mri/) | **動畫解說** | **1:33** |
| **支氣管鏡檢查** | **一起跟著支氣管鏡消滅異物**[**https://www.youtube.com/watch?v=9PYuGvBVsUE**](https://www.youtube.com/watch?v=9PYuGvBVsUE) | **實際臨床** | **1:36** |
| **胸腔放液穿刺術** | **胸腔放液穿刺術動畫示範**[**https://www.youtube.com/watch?v=z0dCL4CHGSk**](https://www.youtube.com/watch?v=z0dCL4CHGSk) | **動畫解說** | **1:09** |
| **Allen's test** | **手掌由白變紅：Allen's test**[**https://www.youtube.com/watch?v=qMea1lHFdT8**](https://www.youtube.com/watch?v=qMea1lHFdT8) | **示範影片** | **0:37** |
| **肺功能檢查** | **肺功能檢查示範影片**[**https://www.youtube.com/watch?v=eLZTatDSAbY**](https://www.youtube.com/watch?v=eLZTatDSAbY) | **示範影片** | **4:03** |

**CH12-2**

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| **節次** | **關連項目** | **連結標題／網址** | **類型** | **長度** |
| **第三節****「呼吸治療之處理措施」** | **誘導性肺活量計** | **TrifloⅡ示範**[**https://www.youtube.com/watch?v=2lppkiAYBNE**](https://www.youtube.com/watch?v=2lppkiAYBNE) | **實際臨床** | **0:10** |
| **誘導性肺活量計** | **Coach示範**[**https://www.youtube.com/watch?v=yPxgzDX2fXc**](https://www.youtube.com/watch?v=yPxgzDX2fXc) | **實際臨床** | **0:23** |
| **叩擊拍痰** | **扣擊拍痰示範影片**[**https://www.youtube.com/watch?v=ps8QAMgICRs**](https://www.youtube.com/watch?v=ps8QAMgICRs) | **示範影片** | **1:04** |
| **給氧途徑** | **Venturi mask介紹**[**https://www.youtube.com/watch?v=E0pQwfW7rvg**](https://www.youtube.com/watch?v=E0pQwfW7rvg) | **介紹影片** | **1:20** |
| **拔除胸管** | **憋氣！快狠準！拔胸管～**[**https://www.youtube.com/watch?v=7cKaCZaaJq8**](https://www.youtube.com/watch?v=7cKaCZaaJq8) | **實際臨床** | **0:18** |
| **鼻咽人工氣道** | **插入鼻咽人工氣道**[**https://www.youtube.com/watch?v=uALM3HqtTnI**](https://www.youtube.com/watch?v=uALM3HqtTnI) | **示範影片** | **1:51** |
| **氣切套管** | **氣切？不氣切？家屬好煩惱**[**https://www.youtube.com/watch?v=3CU0GOnY5bk**](https://www.youtube.com/watch?v=3CU0GOnY5bk) | **新聞** | **2:03** |
| **氣切套管** | **氣切並不是依賴呼吸器主因！**[**https://www.youtube.com/watch?v=FFmDqqJwuKo**](https://www.youtube.com/watch?v=FFmDqqJwuKo) | **動畫解說** | **3:06** |
| **呼吸器** | **呼吸治療師示範設定呼吸器**[**https://www.youtube.com/watch?v=FFmDqqJwuKo**](https://www.youtube.com/watch?v=FFmDqqJwuKo) | **教學示範** | **5:11** |

**CH12-3**

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| **節次** | **關連項目** | **連結標題／網址** | **類型** | **長度** |
| **第四節****「常見呼吸系統疾病之醫療與護理處置」****（壹～捌）** | **肺炎** | **認識肺炎**[**http://blausen.com/zh-cn/video/肺炎/**](http://blausen.com/zh-cn/video/%E8%82%BA%E7%82%8E/) | **動畫解說** | **1:37** |
| **肺炎** | **流感併發肺炎要小心**[**https://www.youtube.com/watch?v=mnw9P2B1tkg**](https://www.youtube.com/watch?v=mnw9P2B1tkg) | **新聞** | **1:33** |
| **肺炎表徵** | **肺炎原來這麼可怕！**[**https://www.youtube.com/watch?v=Qq6NOmx7bPk**](https://www.youtube.com/watch?v=Qq6NOmx7bPk) | **採訪個案＋解說** | **2:57** |
| **肺炎預防** | **預防肺炎，疫苗效果好**[**https://www.youtube.com/watch?v=XaoRQ6CT0NI**](https://www.youtube.com/watch?v=XaoRQ6CT0NI) | **新聞** | **2:14** |
| **肺膿瘍表徵** | **惡臭痰液，肺膿瘍非小感冒**[**https://www.youtube.com/watch?v=2VcQy8z4TWQ&t=76s**](https://www.youtube.com/watch?v=2VcQy8z4TWQ&t=76s) | **新聞** | **2:42** |
| **肺結核** | **五分鐘認識肺結核**[**https://www.youtube.com/watch?v=WbQUfnACPac**](https://www.youtube.com/watch?v=WbQUfnACPac) | **動畫解說** | **5:01** |
| **肺結核** | **遠端都治，戰勝肺結核**[**https://www.youtube.com/watch?v=8lCipZVnwsU**](https://www.youtube.com/watch?v=8lCipZVnwsU) | **宣導短片** | **0:30** |
| **肺結核** | **7分檢篩肺結核結核**[**https://www.youtube.com/watch?v=vA0maOV\_f0w**](https://www.youtube.com/watch?v=vA0maOV_f0w) | **動畫解說** | **0:41** |
| **結核病都治計畫** | **都治計畫3步驟**[**https://www.youtube.com/watch?v=yn8tzKa7ZXY**](https://www.youtube.com/watch?v=yn8tzKa7ZXY) | **宣導短片** | **0:30** |
| **結核病都治計畫** | **我國再加入WHO計畫「2035年消除結核病」**[**https://www.youtube.com/watch?v=atDA\_YqjCjE**](https://www.youtube.com/watch?v=atDA_YqjCjE) | **新聞** | **1:38** |
| **肺結核** | **3/24世界結核病日，全球團結，打擊結核**[**https://www.youtube.com/watch?v=7b6uxcNFJHI**](https://www.youtube.com/watch?v=7b6uxcNFJHI) | **新聞** | **1:06** |
| **肺結核** | **一起為結核病患加油！**[**https://www.youtube.com/watch?v=8s\_XFCjzNuQ**](https://www.youtube.com/watch?v=8s_XFCjzNuQ) | **宣導短片（微電影）** | **1:53** |
| **肋膜炎和肋膜積水表徵** | **聽聽看！肋膜摩擦音＆爆裂音**[**https://www.youtube.com/watch?v=xxVvxdoAUPk**](https://www.youtube.com/watch?v=xxVvxdoAUPk)[**https://www.youtube.com/watch?v=nE0dKCbveJ8**](https://www.youtube.com/watch?v=nE0dKCbveJ8) | **音檔** | **0:11****0:09** |
| **慢性阻塞性肺疾病** | **認識COPD**[**https://www.youtube.com/watch?v=VdNNaiJ9pwI**](https://www.youtube.com/watch?v=VdNNaiJ9pwI) | **動畫＋醫師解說** | **2:28** |
| **慢性阻塞性肺疾病危險因子** | **抽的不是菸，是疾病**[**https://www.youtube.com/watch?v=UWgEpM5c8fM**](https://www.youtube.com/watch?v=UWgEpM5c8fM) | **宣導短片** | **0:44** |
| **慢性阻塞性肺疾病治療** | **乾粉吸入劑使用說明：胖胖魚為例**[**https://www.youtube.com/watch?v=C9dXeIrKhMk**](https://www.youtube.com/watch?v=C9dXeIrKhMk) | **示範影片** | **1:49** |
| **慢性阻塞性肺疾病治療** | **孫越叔叔經驗談－－把菸戒了吧！**[**https://www.youtube.com/watch?v=tHSoIQSSQew**](https://www.youtube.com/watch?v=tHSoIQSSQew) | **訪談** | **5:05** |
| **慢性阻塞性肺疾病治療** | **COPD肺部復健：****上肢運動訓練** [**https://www.youtube.com/watch?v=s8jxMNDAGPI**](https://www.youtube.com/watch?v=s8jxMNDAGPI)**下肢運動訓練** [**https://www.youtube.com/watch?v=AsiDUhOpXO8**](https://www.youtube.com/watch?v=AsiDUhOpXO8)**呼吸訓練** [**https://www.youtube.com/watch?v=nztTOuSd1Oo**](https://www.youtube.com/watch?v=nztTOuSd1Oo) | **衛教影片** | **1:36****1:52****2:40** |

**CH12-4**

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| **節次** | **關連項目** | **連結標題／網址** | **類型** | **長度** |
| **第四節****「常見呼吸系統疾病之醫療與護理處置」****（玖～拾參）** | **氣喘病因病理** | **日夜溫差大，氣喘病患要當心**[**https://www.youtube.com/watch?v=XfXpOa2GZQQ**](https://www.youtube.com/watch?v=XfXpOa2GZQQ) | **新聞** | **2:18** |
| **氣喘病因病理** | **氣喘與IgE的關係**[**https://www.youtube.com/watch?v=RpkRx2ERyhA**](https://www.youtube.com/watch?v=RpkRx2ERyhA) | **動畫＋醫師解說** | **1:42** |
| **氣喘表徵** | **聽聽氣喘發作的呼吸聲**[**https://www.youtube.com/watch?v=A158mhaWKio**](https://www.youtube.com/watch?v=A158mhaWKio) | **實際個案** | **1:20** |
| **氣喘處置** | **這款APP下載了嗎？控制氣喘小幫手**[**https://www.youtube.com/watch?v=uQOMo2vgtqM**](https://www.youtube.com/watch?v=uQOMo2vgtqM) | **新聞** | **2:22** |
| **氣喘衛教** | **氣喘兒音樂會**[**https://www.youtube.com/watch?v=rSkChbEqHrQ**](https://www.youtube.com/watch?v=rSkChbEqHrQ) | **新聞** | **1:12** |
| **氣喘衛教** | **氣喘監測紀錄系統，醫療結合科技的穿戴裝置**[**https://www.youtube.com/watch?v=3hXXqSLOdrM**](https://www.youtube.com/watch?v=3hXXqSLOdrM) | **新聞** | **2:20** |
| **氣喘護理處置** | **可愛動畫氣喘衛教短片**[**https://www.youtube.com/watch?v=J58rx38iMUk**](https://www.youtube.com/watch?v=J58rx38iMUk) | **動畫解說** | **2:48** |
| **石綿沉著症** | **看不見的石綿危機**[**https://www.youtube.com/watch?v=hO-V-yAc7m0**](https://www.youtube.com/watch?v=hO-V-yAc7m0) | **紀 錄 片** | **1:11** |
| **肺栓塞病因病理** | **記得起來動一動，久坐恐引肺栓塞**[**https://www.youtube.com/watch?v=eyEbOwOEYJQ**](https://www.youtube.com/watch?v=eyEbOwOEYJQ) | **新聞** | **1:07** |
| **肺栓塞病因病理** | **肺栓塞的形成**[**https://www.videum.com/video/肺栓塞/**](https://www.videum.com/video/%E8%82%BA%E6%A0%93%E5%A1%9E/) | **動畫解說** | **1:26** |

**CH12-5**

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| **節次** | **關連項目** | **連結標題／網址** | **類型** | **長度** |
| **第四節****「常見呼吸系統疾病之醫療與護理處置」（拾肆～拾玖）** | **肺癌** | **肺癌小惡魔，不易發現又愛亂跑**[**https://www.youtube.com/watch?v=zuiZnzdY1mw**](https://www.youtube.com/watch?v=zuiZnzdY1mw) | **新聞** | **2:10** |
| **肺癌危險因子** | **恐怖二手菸，害人又害己**[**https://www.youtube.com/watch?v=bH5EnIfzLlw**](https://www.youtube.com/watch?v=bH5EnIfzLlw) | **新聞** | **1:42** |
| **肺癌醫療處置** | **新技術～雷射引導手術，移除早期肺部小腫瘤**[**https://www.youtube.com/watch?v=1AHJgC9hSAY**](https://www.youtube.com/watch?v=1AHJgC9hSAY) | **新聞** | **1:47** |
| **肺癌醫療處置** | **1＋1＞2，化療＋標靶治療更有效**[**https://www.youtube.com/watch?v=61FFKeB5Xm8**](https://www.youtube.com/watch?v=61FFKeB5Xm8) | **新聞** | **1:38** |
| **肺癌護理處置** | **對抗肺癌晚期，Key Point**[**https://www.youtube.com/watch?v=DHctdQZWA1w**](https://www.youtube.com/watch?v=DHctdQZWA1w) | **動畫解說** | **3:01** |
| **連枷胸表徵** | **連枷胸病人的奇異性呼吸**[**https://www.youtube.com/watch?v=pdhOiaE5uyg**](https://www.youtube.com/watch?v=pdhOiaE5uyg) | **實際臨床** | **0:54** |
| **自發性氣胸** | **自發性氣胸高危險群，高瘦男子要小心**[**https://www.youtube.com/watch?v=zyXbt0MGncw**](https://www.youtube.com/watch?v=zyXbt0MGncw) | **新聞** | **2:21** |